

COLUMBUS ELEMENTARY SCHOOLS



MY LUNCHTIME CHOICES!

LUNCH MENU - MAY 2018

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Choose it - Try it!

Students MUST have at least 1/2 cup of a fruit or a vegetable on their tray. If you always skip the fruits and veggies - Don't fight it! - You'll learn to LOVE it! You have lots of choices for fruits and veggies every day, so choose something you like, or try something new! Benefits? A better lunch, more stamina for the day, and a healthier life!





Lunch Meal Prices & Extras

ES Lunch	\$2.55	Extra Entrée	\$1.80
Adult Lunch	\$3.60	Extra Milk	\$0.45

Questions or comments: Contact Bryce Bonet, Food Service Director (402)563-7055 or b.bonet@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
	1 * Homestyle Beefy Chili with Crackers * Chicken Nuggets Green Beans Fresh Baked Cinnamon Roll	2 * Homestyle Spaghetti * Crispy Chicken Sandwich Peas Pudding	3 * Homestyle Chicken & Noodles * Breaded Steak Fingers Tater Tots	4 * Beef & Bean Burrito * Pizza Steamed Broccoli
7 NO SCHOOL	8 * Chinese Tacos * Chicken Nuggets Steamed Carrots Pineapple Coleslaw Breadstick	9 * Italian Dunkers with Marinara Sauce * Teriyaki Chicken Sandwich Golden Corn Chocolate Chip Cookie	10 * Cajun Chicken Penne * Cheeseburger Steamed Broccoli	11 * Cuban Hot Dog * Pizza Green Beans Emerson North Park 
14 * Sloppy Joe * Ham, Egg & Cheese Biscuit Sandwich Potato Triangle	15 * Homestyle Macaroni & Cheese * Chicken Nuggets Steamed Broccoli Carnival Cookie	16 * Hot Ham & Cheese Sandwich * Pizza Golden Corn	17 * Homestyle Cheese Quesadilla with Beef Enchilada Soup * Crispy Chicken Sandwich Zesty Black Beans	18 * Homestyle Pizza Pasta Bake * Mini Corn Dogs Green Beans Sugar Cookie
21 * Homestyle Scalloped Potatoes & Ham with Dinner Roll * Cheeseburger Green Beans	22 * Taco in a Bag * Hot Dog Chili Lime Corn Breadstick	23 * Hot Pepperoni Sub * Grilled Chicken Sandwich Baked Beans Chocolate Chip Cookie	24 * Homestyle Meatloaf with Dinner Roll * Chicken Nuggets with Dinner Roll Mashed Potatoes with Gravy	25 * Toasted Cheese Sandwich with Tomato Soup * Pizza Steamed Broccoli West Park, Lost Creek & Centennial 
28 NO SCHOOL	29 * Homestyle Beef Stroganoff * Corn Dog Golden Corn Fresh Baked Cinnamon Roll	30 * Homestyle Spaghetti with Garlic Breadstick * Crispy Chicken Sandwich Green Beans Gelatin Dessert	31 * Chicken Fajitas * Pork Fritter Sandwich Zesty Black Beans	

This Institution is an equal opportunity provider and employer.