

COLUMBUS ELEMENTARY SCHOOLS



MY LUNCHTIME CHOICES!

LUNCH MENU - MARCH 2018

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Choose it - Try it!

Students MUST have at least 1/2 cup of a fruit or a vegetable on their tray. If you always skip the fruits and veggies - Don't fight it! - You'll learn to LOVE it! You have lots of choices for fruits and veggies every day, so choose something you like, or try something new! Benefits? A better lunch, more stamina for the day, and a healthier life!




Lunch Meal Prices & Extras

| | | | |
|-------------|--------|--------------|--------|
| ES Lunch | \$2.55 | Extra Entrée | \$1.80 |
| Adult Lunch | \$3.60 | Extra Milk | \$0.45 |

Questions or comments: Contact Bryce Bonet, Food Service Director (402)563-7055 or b.bonet@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|---|---|
| | | | 1 A. Homestyle Beef Goulash B. BBQ Rib Sandwich Green Beans Sugar Cookie | 2 A. Grilled Cheese Sandwich B. Pizza Steamed Broccoli |
| 5 A. Chicken Fajitas B. Corn Dog Refried Beans | 6 A. Homestyle Beef Chili and Crackers B. Chicken Nuggets Green Beans Frosted Cinnamon Roll | 7 A. Homestyle Chicken and Noodles B. Baked Breaded Beef Fingers Golden Corn | 8 NO SCHOOL | 9 NO SCHOOL |
| 12 A. Homestyle Cajun Chicken Penne B. Cheeseburger Green Beans | 13 A. California Lasagna & Garlic Breadstick B. Chicken Florentine Pasta with Dinner Roll Steamed Broccoli | 14 A. Chinese Tacos B. Chicken Nuggets Golden Corn Pineapple Coleslaw Cinnamon Breadstick | 15 A. Cuban Hot Dog B. Pizza Mixed Vegetables | 16 A. Italian Dunkers with Marinara Sauce B. Teriyaki Chicken Sandwich Vegetarian Baked Beans Chocolate Chip Cookie |
| 19 A. Sloppy Joe A. Ham, Egg & Cheese Biscuit Sandwich Potato Triangle | 20 A. Hot Ham & Cheese Sandwich B. Pizza Golden Corn Emerson North Park  | 21 A. Homestyle Cavatini B. Mini Corn Dogs Green Beans Sugar Cookie | 22 A. Homestyle Cheese Quesadilla & Beef Enchilada Soup B. Crispy Chicken Sandwich Zesty Black Beans | 23 A. Homestyle Golden Macaroni & Cheese B. Buffalo Ranch Chicken Wrap Steamed Broccoli Carnival Cookie |
| 26 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich Baked Beans | 27 A. Toasted Cheese Sandwich with Tomato Soup B. Pizza Steamed Broccoli West Park, Lost Creek & Centennial  | 28 A. Baked Ham Slice and Dinner Roll B. Chicken Nuggets and Dinner Roll Scalloped Potatoes Homestyle Green Bean Casserole Sugar Cookie | 29 NO SCHOOL | 30 NO SCHOOL |

This Institution is an equal opportunity provider and employer.