



Fruit & Veggie Super Bar®

Included with lunch every day

8 to 10 choices of unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. *Each student is now required to have 1/2 cup of fruits or vegetables on their tray.*



My Locally Grown Foods!

Look for the Farmer's Market Logo on this month's menu for the featured locally grown.

Learn more about this month's selection on the poster in the dining area or at:
<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>



My Choices: Epic Meltdowns A Monthly Featured Entree

Available on the menu day indicated,
Epic Meltdowns are your classic grilled cheese, elevated to a new level with amped-up ingredients, flavors and tastes. Enjoy!!



My Choices: Chef Day

Chef Ryan will prepare a special entrée right in front of you. Look for the Chef Demo sign in the lunch area to learn what this month's item will be.

This entrée is available for \$2.25. Fruit & Veggie bar and Milk can each be purchased separately for an additional amount. You must have money in your account or pay cash to choose this entrée.

Lunch Meal Prices & Extras

MS Lunch	\$2.80	Extra Entrée	\$1.80
Chef Entrée	\$2.25	Extra Milk	\$0.45
Adult Lunch	\$3.60	Extra Pizza	\$1.85

Comfort Foods: Entrée & Featured Hot Veggie of the Day

Mon	Tue	Wed	Thu	Fri
	1 Homestyle Chili with Crackers Green Beans Cinnamon Roll	2 Homestyle Spaghetti Peas Gelatin Dessert	3 Steak Fingers with Dinner Roll Tater Tots	4 Beef & Bean Burrito Steamed Broccoli
7 NO SCHOOL	8 Chicken Nuggets Steamed Carrots Pineapple Coleslaw Cinnamon Breadstick	9 Italian Dunkers with Marinara Golden Corn Chocolate Chip Cookie	10 Cajun Chicken Penne Steamed Broccoli	11 Cuban Hot Dog Green Beans Chef Day
14 Ham, Egg & Cheese Biscuit Sandwich Potato Triangle	15 Macaroni & Cheese Steamed Broccoli Carnival Cookie	16 Hot Ham & Cheese Sandwich Golden Corn	17 Cheese Quesadilla with Beef Enchilada Soup Zesty Black Beans	18 Pizza Pasta Bake Green Beans Sugar Cookie
21 Homestyle Scalloped Potatoes & Ham with Dinner Roll Green Beans	22 Taco in a Bag Chili Lime Corn Cinnamon Breadstick	23 Hot Pepperoni Sub Baked Beans Chocolate Chip Cookie	24 Chicken Nuggets with Dinner Roll Mashed Potatoes with Gravy	25 Toasted Cheese Sandwich with Tomato Soup Steamed Broccoli
28 NO SCHOOL	29 Beef Stroganoff with Dinner Roll Golden Corn Fresh Baked Cinnamon Roll	30 Homestyle Spaghetti Green Beans Gelatin Dessert	31 Chicken Fajitas Zesty Black Beans	

Questions or Comments? Contact Bryce Bonet, Food Service Director, 402-563-7055 or b.bonet@lunchtimesolutions.com

My Choices: Hot Grill Sandwich Choices - Every Day

Cheeseburger
Hot Dog
Crispy Chicken Sandwich
Spicy Chicken Sandwich

My Choices: Fresh Pizza Every Day!!

Cheese available daily

M Pepperoni
T BBQ Chicken
W Taco
Th Sausage
F Supreme

My Choices: Sub Station

Fresh Baked Sub Rolls and Toppings



Select your favorite variety of sub and add your choice of toppings, including lettuce, pickles, sliced tomato, sliced red onion, peppers and cucumbers.

My Choices: Deli Style Wraps & Salads

Wrap Rotation

M Turkey
T Fajita Chicken
W Ham
Th Roasted Chicken
F Grilled Chicken

Salad Rotation

M Grilled Chicken
T Chef Salad
W Crispy Chicken
Th Taco Salad
F Southwest

*All salads include a grain side

Available Daily

Yogurt Parfait: Blueberry / Strawberry & Banana (Served with Breadsticks)

Applications for Free and Reduced Price meals are available in the school office.
Menus are subject to change without notice.

The institution is an equal opportunity employer and provider.