



Fruit & Veggie Super Bar®

Included with lunch every day

8 to 10 choices of unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. *Each student is now required to have 1/2 cup of fruits or vegetables on their tray.*



My Locally Grown Foods!

Look for the Farmer's Market Logo on this month's menu for the featured locally grown.

Learn more about this month's selection on the poster in the dining area or at:
<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>



My Choices: Fusion Food A Monthly Featured Entree

Available on the menu day indicated, Fusion Foods are a brilliant blend of flavors and tastes. We take your favorite foods, and add a flavor twist not seen in school foods before. Enjoy!!



My Choices: Chef Day



Chef Joe will prepare a special entrée right in front of you. Look for the Chef Demo sign in the lunch area to learn what this month's item will be.

This entrée is available for \$2.25. Fruit & Veggie bar and Milk can each be purchased separately for an additional amount. You must have money in your account or pay cash to choose this entrée.

Lunch Meal Prices & Extras

MS Lunch	\$2.70	Extra Entrée	\$1.70
Chef Entrée	\$2.25	Extra Milk	\$0.45
Adult Lunch	\$3.50	Extra Pizza	\$1.75

Comfort Foods: Entrée & Featured Hot Veggie of the Day

Mon	Tue	Wed	Thu	Fri
1 Chicken Fajitas Refried Beans	2 Chili Smothered Baked Potato Green Beans Frosted Cinnamon Roll	3 Spaghetti with Meat Sauce Peas Gelatin Dessert	4 Breaded Beef Fingers Mashed Potatoes with Gravy	5 Beef & Bean Burrito Steamed Carrots
8 Home-style Cajun Chicken Penne Steamed Broccoli	9 Chicken Nuggets Steamed Carrots Cinnamon Bread Stick	10 Home-style BBQ Pork Sandwich BBQ Beans Home-style Coleslaw	11 Beef Stroganoff Golden Corn	12 Teriyaki Chicken Sandwich Mixed Vegetables
15 Pancakes & Sausage Potato Triangle	16 Golden Macaroni & Cheese Peas Carnival Cookie	17 Mini Corn Dogs Green Beans Sugar Cookie	18 Quesadilla and Beef Enchilada Soup Black Beans	19 Crispitos Golden Corn
22 Chicken Florentine Pasta Dinner Roll Baked Beans	23 Taco in a Bag Golden Corn Cinnamon Bread Stick	24 Home-style Lasagna Candied Carrots Fresh Baked	25 Chicken Nuggets Dinner Roll Mashed Potatoes with Gravy	26 MS/HS Regular classes AM Extended Academic Time PM

Questions or Comments? Contact Bryce Bonet, Food Service Director, 402-563-7055 or bryceb@lunchtimesolutions.com

My Choices: Hot Grill Sandwich Choices - Every Day

Cheeseburger
Hot Dog
Crispy Chicken Sandwich
Spicy Chicken Sandwich

My Choices: Fresh Pizza Every Day!!

Cheese available daily

M - Pepperoni
T - BBQ Chicken
W - Taco
Th - Sausage
F - Buffalo Chicken

My Choices: Sub Station

Fresh Baked Sub Rolls and Toppings



Select your favorite variety of sub and add your choice of toppings, including lettuce, pickles, sliced tomato, sliced red onion, peppers and cucumbers.

My Choices: Deli Style Wraps & Salads

Wrap Rotation

M - Combo
T - Fajita Chicken
W - Roasted Chicken
Th - Ham
F - Grilled Chicken

Salad Rotation

M - Grilled Chicken
T - Southwest
W - Chef Salad
Th - Taco Salad
F - Crispy Chicken

*All salads include a grain side

Yogurt Parfait w/Granola and Goldfish Grahams Available Daily

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

The institution is an equal opportunity employer and provider.