



Fruit & Veggie Super Bar®

Included with lunch every day

8 to 10 choices of unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. *Each student is now required to have 1/2 cup of fruits or vegetables on their tray.*



My Locally Grown Foods!

Look for the Farmer's Market Logo on this month's menu for the featured locally grown.

Learn more about this month's selection on the poster in the dining area or at:
<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>



My Choices: Fusion Food A Monthly Featured Entree

Available on the menu day indicated, Fusion Foods are a brilliant blend of flavors and tastes. We take your favorite foods, and add a flavor twist not seen in school foods before. Enjoy!!



My Choices: Chef Day



Chef Joe will prepare a special entrée right in front of you. Look for the Chef Demo sign in the lunch area to learn what this month's item will be.

This entrée is available for \$2.25. Fruit & Veggie bar and Milk can each be purchased separately for an additional amount. You must have money in your account or pay cash to choose this entrée.

Lunch Meal Prices & Extras

| | | | |
|-------------|--------|--------------|--------|
| HS Lunch | \$2.70 | Extra Entrée | \$1.70 |
| Chef Entrée | \$2.25 | Extra Milk | \$0.45 |
| Adult Lunch | \$3.50 | Extra Pizza | \$1.75 |

Comfort Foods: Entrée & Featured Hot Veggie of the Day

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|--|---|
| 1 Chicken Fajitas Refried Beans | 2 Chili Smothered Baked Potato Green Beans Frosted Cinnamon Roll | 3 Pasta Bar Garlic Bread Stick Peas Gelatin Dessert | 4 Beef Fingers Dinner Roll Mashed Potatoes with Gravy | 5 Beef & Bean Burrito Steamed Carrots |
| 8 Home-style Cajun Chicken Penne Dinner Roll Steamed Broccoli | 9 Chicken Nuggets Steamed Carrots Dessert Breadstick | 10 Homestyle BBQ Pork Sandwich BBQ Beans Coleslaw Cookie | 11 Beef Stroganoff Dinner Roll Golden Corn | 12 Teriyaki Chicken Sandwich Mixed Vegetables |
| 15 Pancakes & Sausage w/ Eggs Potato Triangle | 16 Golden Macaroni & Cheese Dinner Roll Peas Carnival Cookie | 17 Mini Corn Dogs Green Beans Sugar Cookie Seniors Last Day | 18 Quesadilla and Beef Enchilada Soup Black Beans | 19 Crispitos Golden Corn |
| 22 Chicken Florentine Pasta Dinner Roll Baked Beans | 23 Taco in a Bag Chili Lime Corn Cinnamon Bread Stick | 24 Homestyle Lasagna and Bread Stick Candied Carrots Cookie | 25 Chicken Nuggets Dinner Roll Mashed Potatoes with Gravy | 26 <i>MS/HS Regular classes AM Extended Academic Time PM</i> |

Questions or Comments? Contact Bryce Bonet, Food Service Director, 402-563-7055 or bryceb@lunchtimesolutions.com

My Choices: Hot Grill Sandwich Choices - Every Day

Cheeseburger
Hot Dog
Crispy Chicken Sandwich
Spicy Chicken Sandwich

My Choices: Fresh Pizza Every Day!!

Cheese available daily

M - Pepperoni
T - BBQ Chicken
W - Taco
Th - Sausage
F - Buffalo Chicken

My Choices: Sub Station

Fresh Baked Sub Rolls and Toppings



Select your favorite variety of sub and add your choice of toppings, including lettuce, pickles, sliced tomato, sliced red onion, peppers and cucumbers.

My Choices: Deli Style Wraps & Salads

Wrap Rotation

M - Combo
T - Fajita Chicken
W - Roasted Chicken
Th - Ham
F - Grilled Chicken

Salad Rotation

M - Grilled Chicken
T - Southwest
W - Chef Salad
Th - Taco Salad
F - Crispy Chicken

*All salads include a grain side

Yogurt Parfait w/Granola and Goldfish Grahams Available Daily

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

The institution is an equal opportunity employer and provider.