

COLUMBUS ELEMENTARY SCHOOLS



MY LUNCHTIME CHOICES!

LUNCH MENU - JANUARY 2018

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Choose it - Try it!

Students MUST have at least 1/2 cup of a fruit or a vegetable on their tray. If you always skip the fruits and veggies – Don't fight it! – You'll learn to LOVE it! You have lots of choices for fruits and veggies every day, so choose something you like, or try something new! Benefits? A better lunch, more stamina for the day, and a healthier life!





Lunch Meal Prices & Extras

| | | | |
|-------------|--------|--------------|--------|
| ES Lunch | \$2.55 | Extra Entrée | \$1.80 |
| Adult Lunch | \$3.60 | Extra Milk | \$0.45 |

Questions or comments: Contact Bryce Bonet, Food Service Director (402)563-7055 or b.bonet@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office.
Menus are subject to change without notice.

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|--|--|
| 1 NO SCHOOL | 2 A. Mexi Tots with Dinner Roll B. Pizza Golden Corn | 3 A. Homestyle Beef Goulash and Garlic Breadstick B. BBQ Rib Sandwich Green Beans Sugar Cookie | 4 A. Chili Smothered Baked Potato & Dinner Roll B. Grilled Chicken Sandwich Steamed Broccoli | 5 A. Homestyle Buffalo Chicken Pasta B. Cheeseburger Baked Beans Chocolate Chip Cookie |
| 8 A. Chicken Fajitas B. Corn Dog Refried Beans | 9 A. Homestyle Beef Chili and Crackers B. Chicken Nuggets Green Beans Frosted Cinnamon Roll | 10 A. Spaghetti with Meat Sauce B. Crispy Chicken Golden Corn Gelatin Dessert | 11 A. Homestyle Chicken & Noodles B. Baked Breaded Beef Fingers Mashed Potatoes with Gravy | 12 A. Beef & Bean Burrito B. Pizza Refried Beans Emerson North Park  |
| 15 NO SCHOOL | 16 NO SCHOOL | 17 A. Cuban Hot Dog B. Pizza Steamed Broccoli | 18 A. Italian Dunkers with Marinara Sauce B. Teriyaki Chicken Sandwich Golden Corn Chocolate Chip Cookie | 19 A. Chinese Tacos B. Chicken Nuggets Steamed Carrots Pineapple Coleslaw Cinnamon Bread Stick |
| 22 A. Sloppy Joe B. Ham, Egg & Cheese Biscuit Sandwich Potato Triangle | 23 A. Homestyle Golden Macaroni & Cheese B. Buffalo Ranch Chicken Wrap Steamed Broccoli Carnival Cookie | 24 A. Homestyle Cavatini B. Mini Corn Dogs Green Beans Sugar Cookie | 25 A. Homestyle Cheese Quesadilla and Beef Enchilada Soup B. Crispy Chicken Zesty Black Beans | 26 A. Hot Ham & Cheese Sandwich B. Pizza Golden Corn West Park, Lost Creek & Centennial  |
| 29 A. Homestyle Scalloped Potatoes & Ham & Dinner Roll B. Cheeseburger Green Beans | 30 A. Taco in a Bag B. Hot Dog Chili Lime Corn Cinnamon Bread Stick | 31 A. Meatloaf and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy | | |

This Institution is an equal opportunity provider and employer.