

# COLUMBUS ELEMENTARY SCHOOLS



MY LUNCHTIME CHOICES!

# LUNCH MENU - FEBRUARY 2018

## Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

## Choose it - Try it!

Students MUST have at least 1/2 cup of a fruit or a vegetable on their tray. If you always skip the fruits and veggies - Don't fight it! - You'll learn to LOVE it! You have lots of choices for fruits and veggies every day, so choose something you like, or try something new! Benefits? A better lunch, more stamina for the day, and a healthier life!






## Lunch Meal Prices & Extras

ES Lunch	\$2.55	Extra Entrée	\$1.80
Adult Lunch	\$3.60	Extra Milk	\$0.45

**Questions or comments:** Contact Bryce Bonet, Food Service Director (402)563-7055 or [b.bonet@lunchtimesolutions.com](mailto:b.bonet@lunchtimesolutions.com)

Applications for Free and Reduced Price meals are available in the school office. Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
			1 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich  Baked Beans Chocolate Chip Cookie	2 A. Toasted Cheese Sandwich and Tomato Soup B. Pizza  Steamed Broccoli  <b>Emerson North Park</b> 
5 A. Chicken Fajitas B. Pork Fritter Sandwich  Zesty Black Beans	6 A. Beef Stroganoff B. Corn Dog  Steamed Broccoli Frosted Cinnamon Roll	7 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich  Green Beans Gelatin Dessert	8 A. Homestyle Turkey & Gravy and Roll B. Chicken Nuggets and Dinner Roll  Mashed Potatoes with Gravy	9 A. Taco Burger B. Pizza  Golden Corn  <b>West Park, Lost Creek Centennial</b> 
12 A. Homestyle Tater Hot Dish and Dinner Roll B. Hot Dog  Green Beans Chocolate Chip Cookie	13 A. Super Nachos B. Grilled Chicken Sandwich  Refried Beans Cinnamon Bread Stick	14 A. Italian Dunkers with Marinara Sauce B. Cheeseburger  Candied Carrots Homestyle Coleslaw	15 A. <b>NEW RECIPE</b> Orange Chicken over Rice B. BBQ Rib Sandwich  Roasted Vegetables 	16  <b>EARLY DISMISSAL</b>
19 A. Taquito B. Pizza  BBQ Beans	20 A. Hot Ham & Cheese Sandwich B. Homestyle Chicken Ranch Pasta and Dinner Roll  Green Beans Sugar Cookie	21 A. Soft Shell Tacos B. Mini Corn Dogs  Steamed Carrots Chocolate Chip Cookie	22  <b>NO SCHOOL</b>	23  <b>NO SCHOOL</b>
26 A. Cheesy Ham Baked Potato with Dinner Roll B. Grilled Chicken Sandwich  Green Beans	27 A. Homestyle Buffalo Chicken Pasta B. Cheeseburger  Baked Beans Chocolate Chip Cookie	28 A. Homestyle Chicken Stew over Fresh Baked Biscuit B. Hot Dog  Golden Corn		

This Institution is an equal opportunity provider and employer.